

The logo features the letters 'IGA' in a bold, dark blue sans-serif font. To the right of the letters is a stylized teal silhouette of a gymnast in a handstand position. The entire logo is set against a background of flowing, wavy blue lines that create a sense of motion and fluidity.

IGA

EVENT PLAN

North Levels: 7-1

Sunday 28th September 2025

Flic Flac, Chorley, PR7 5LP

SPONSORED BY



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DIRECTIONS

Flic Flac Gymnastics Centre, Charnock Richard, Lancashire PR7 5LP

CAR PARKING

Free parking is available at Flic Flac. We do advise all attendee's to ensure they are parking appropriately. Failure to do so may limit spaces for others.

VENUE ENTRANCE

Please use the side entrance at Flic Flac, Doors open at registration and will close until the next round registration has opened. Please do not enter until Registration has opened.

FOOD AND DRINK

Flic Flac supplies food and drink at their Cafe. Please ensure Food & Drink is not given to participants during the event, and not taken onto the competition floor.

RECOMMENDED ACCOMMODATION

The Ramada Hotel Welcome Break Charnock Richard (Chorley South)

SPECTATOR TICKETS

GYMNASTS AND COMPETITION OFFICIALS

Those accredited at the Event do not require a spectator ticket for this event.

SPECTATOR TICKET ALLOCATION

This venue holds 150 spaces of spectator seating. Tickets will be available to purchase 14 days prior to this event at www.ticketsource.co.uk/independentgymnastics. Due to health and safety once this event is sold out, you will be added to a wait list. Spectators must remain in the allocated seating.

HEALTH AND SAFETY

EQUIPMENT SAFETY

All equipment will be checked by our competition organiser and officials before the event.

FIRST AIDER & WELFARE OFFICER

IGA prioritise the safety and well-being of its members and will provide First Aiders and a Welfare Officer for all IGA events. If you or anyone have any safeguarding concerns, you can email our team directly: safeguarding@igauk.com

COACHING ACCREDITATION

REGISTRATION

Coaches must register on entry and before registration closes, coaches will be allocated the correct wristband for their coaching qualification. To ensure the safety of our participants, all coaches require an in-date DBS and to attend our Technical Briefing. Those without a wristband will not be allowed on the competition floor.

SCORING AND RESULTS

RUNNING ORDER

The final running order will be emailed to the clubs before being posted online.

RESULTS & FINAL SCORES

All competition scores will be uploaded to our website, 48 hours after the event:

<https://www.independentgymnastics.com/programmes-results/>

MEDIA INFORMATION

IGA MEDIA INFORMATION

Our marketing team may be in attendance and will be launching live streams and social content. Whilst efforts will be made to respect the privacy preferences of individuals, it may not be possible to accommodate everyone's preferences.

Spectators are able to take photography or film, However these cannot be sold for commercial use and must not use flash photography at any IGA Event.

SPONSORS



Our new Sponsor, Quatro may be in attendance at this event. They will be selling Leotards, and IGA T-Shirts especially for this competition with the gymnast's names on the back. This is why it is vital that IGA competitions do not have late entries, as names have to be submitted to Quatro 4 weeks before the Event.

EVENT TIMETABLE

	ROUND 1	ROUND 2		
REGISTRATION OPENS REGISTRATION CLOSES	8:00am 8:10am	1:00pm 1:10pm		
TECHNICAL BRIEFING	8:10am	New Coaches Report to Kylie Downie		
JUDGES MEETING	N/A	N/A		
GENERAL WARM UP	8:10am	1:10pm		
WARM UP & COMPETE	8:25am	1:25pm		
END OF ROUND	1:00 pm	4:25 pm		
PRESENTATION	1:10pm	4:35 pm		

PLEASE NOTE:

*Punctuality is crucial for all gymnasts attending the competition venue. Please ensure you arrive within the specified registration timeframe. It is mandatory for gymnasts to actively participate in the warm-up session to be eligible for the competition. Your cooperation is greatly appreciated.

WITHDRAWALS:

Clubs with gymnasts requiring withdrawal must contact our team BEFORE the competition. This way we can update our scoresheets and registration forms to reflect the day.

WARM UPS

General warm up will take place in the other gym - please do not bring your gymnasts into the main gym until called for March on by an IGA official.

ROUND ONE

Starting on Vault

GROUP 1										
PANEL A (STARTING)						PANEL B (START)				
NO.	NAME		CLUB	LEVEL	CATEGORY	NO.	NAME		CLUB	LEVEL CATEGORY
800	Emma	Jeffrey	Goldstar Active	7	Skill Seeker	812	Isabelle	Oliver	Goldstar Active	7 Trailblazers
801	Nicola	Newby	Goldstar Active	7	Skill Seeker	813	Florence	Fallah Larjani	Goldstar Active	7 Trailblazers
802	Alexis	Coulbeck	Goldstar Active	7	Skill Seeker	814	Summer	Handley	Goldstar Active	7 Trailblazers
						815	Cydney	Ncube	Goldstar Active	7 Trailblazers
						816	Jazmyn	Limbert	Goldstar Active	7 Trailblazers
						817	Polly	Gowens	Goldstar Active	7 Trailblazers
						818	Hermoine	Elvidge	Goldstar Active	7 Trailblazers
						819	Elsie	Healey	Goldstar Active	7 Trailblazers
						820	Saoirse-Rose	Roberts	Goldstar Active	7 Trailblazers

Starting on Bars/H.Bars

GROUP 2										
PANEL A						PANEL B (START)				
NO.	NAME		CLUB	LEVEL	CATEGORY	NO.	NAME		CLUB	LEVEL CATEGORY
856	Miley	Alderson	Border Counties	7	Pioneers	821	Scarlett	Williams	Border Counties	7 Trailblazers
857	Ellie	Leslie	Border Counties	7	Pioneers	822	Seren	Davies	Border Counties	7 Trailblazers
858	Samantha-Jaye	Udal-Bell	Border Counties	7	Pioneers	823	Isabelle	Mottram	Border Counties	7 Trailblazers
859	Isabel	Millar	Border Counties	7	Pioneers	824	Elodie	Antais-Smith	Border Counties	7 Trailblazers
860	Hollie	Goldson	Flic Flac	7	Pioneers	825	Megan	Parr	Border Counties	7 Trailblazers
						826	Matilda	Oliver	Border Counties	7 Trailblazers
						827	Charlotte	Grayston	Border Counties	7 Trailblazers
						828	Chloe	Broadfoot	East of Scotland	7 Trailblazers
						829	Alba	Leslie	East of Scotland	7 Trailblazers
						830	Jessica	Baxter	Salt Ayre	7 Trailblazers

Starting on Beam/P.Bars

GROUP 3										
PANEL A						PANEL B (START)				
NO.	NAME		CLUB	LEVEL	CATEGORY	NO.	NAME		CLUB	LEVEL CATEGORY
803	Layla	Howden	South Yorkshire	7	Skill Seeker	831	Freya	Yates	Macclesfield	7 Trailblazers
804	Poppy	Barley	South Yorkshire	7	Skill Seeker	832	Naamah	Riley	Macclesfield	7 Trailblazers
805	Orla	Roberts	South Yorkshire	7	Skill Seeker	833	Emmie	Jones	Macclesfield	7 Trailblazers
861	Ava	Kitson	South Yorkshire	7	Pioneers	834	Livvie	Reid	Macclesfield	7 Trailblazers
806	Felicity	Basset	Chorley	7	Skill Seeker	835	Bella	Jepson	Macclesfield	7 Trailblazers
807	Evelyn	Lylyk	Chorley	7	Skill Seeker	836	Martha	Aspen	Chorley	7 Trailblazers
862	Esme	Knowles	Chorley	7	Pioneers	837	Evelyn	Rigby	Chorley	7 Trailblazers
913	Isabelle	Frost	Macc;esfield	7	Pioneers					

Starting on Floor

GROUP 4										
PANEL A (STARTING)						PANEL B (START)				
NO.	NAME		CLUB	LEVEL	CATEGORY	NO.	NAME		CLUB	LEVEL CATEGORY
808	Poppy	Cains	New Brighton	7	Skill Seeker	838	Darcy	Durbin	New Brighton	7 Trailblazers
863	Maisy	Woods	New Brighton	7	Pioneers	839	Layla	Mitchell	New Brighton	7 Trailblazers
864	Leah	Thory	New Brighton	7	Pioneers	840	Mylie	Mcgraa	New Brighton	7 Trailblazers
865	Isla	Sharrock	Dazzlers	7	Pioneers	841	Olivia	Graham	Border Counties	7 Trailblazers
866	Ruby	McGuinness	Dazzlers	7	Pioneers	842	Harper	Thomas	Border Counties	7 Trailblazers
809	Ciara	Hutchinson Koszalka	East Coast	7	Skill Seeker	843	Lottie	Schofield	Border Counties	7 Trailblazers
810	Harbour	Martin	East Coast	7	Skill Seeker	844	Emilia	Hutchinson Koszalka	East Coast	7 Trailblazers
						845	Phoebe	Collins	East Coast	7 Trailblazers
						846	Elsie	Connor	East Coast	7 Trailblazers

Starting on Rest

GROUP 4										
PANEL A (STARTING)						PANEL B (START)				
NO.	NAME		CLUB	LEVEL	CATEGORY	NO.	NAME		CLUB	LEVEL CATEGORY
867	Lily	Thomson	Sutton Village	7	Pioneers	847	Alicia	Hainsworth	Bridlington	7 Trailblazers
868	Emilia	Hayter	Sutton Village	7	Pioneers	848	Emily	O'Brien	Bridlington	7 Trailblazers
811	Amelie	Hunter	Blackpool	7	Skill Seeker	849	Lydia	Davies	Bridlington	7 Trailblazers
869	Amy	Rainbow	Blackpool	7	Pioneers	850	Hannah	Imeson	Bridlington	7 Trailblazers
870	Briony	Spiers	Blackpool	7	Pioneers	851	Courtney	Webb	Bridlington	7 Trailblazers
871	Lilly	Valliant	Blackpool	7	Pioneers	852	Jessica	Wales	Bridlington	7 Trailblazers
						853	Chloe	Lanham	Sutton Village	7 Trailblazers
						854	Maddison	Dale	Sutton Village	7 Trailblazers
						855	Freya	Ellis	Blackpool	7 Trailblazers
						856	Neveah	Cavanagh Sloan	Blackpool	7 Trailblazers
						857	Imogen	Byrne	Blackpool	7 Trailblazers

ROUND TWO

Starting on Vault

GROUP 1											
PANEL A [START]						PANEL B					
NO.	NAME		CLUB	LEVEL	CATEGORY	NO.	NAME		CLUB	LEVEL	CATEGORY
872	Abigail	Hawkins	Chorley	6	Skill Seeker	897	Sophia	Shepherd	Chorley	5	Trailblazer
874	Freya	Metcalf	Chorley	6	Trailblazer	898	Nadia	Breska	Chorley	5	Pioneers
875	Jessica	Hulme	Chorley	6	Trailblazer	899	Lottie	Treece-Birch	Blackpool	5	Pioneers
876	Lily	Couzins	Blackpool	6	Trailblazer	900	Tia	Couzins	Blackpool	5	Pioneers
877	Ilsa	Ibbotson	Blackpool	6	Trailblazer	911	Isla	Orwin	Blackpool	4	Trailblazer
878	Macy	Clark	Blackpool	6	Trailblazer	895	Aiden	Mutema	Blackpool	6	Skill Seeker
						896	Jacob	Turner	Blackpool	6	Trailblazer

Starting on Bars

GROUP 2												
PANEL A [START]						PANEL B						
NO.	NAME		CLUB	LEVEL	CATEGORY		NO.	NAME		CLUB	LEVEL	CATEGORY
879	Alexis	Bailey	East Coast	6	Trailblazer		901	Jessica	Bulless	Goldstar Active	5	Pioneers
880	Patrycja	Mlynarczyk	East Coast	6	Trailblazer		902	Erin	Habbershaw	Goldstar Active	5	Pioneers
881	Ellie	Harper	New Brighton	6	Trailblazer		903	Aimee	Stanworth	Goldstar Active	5	Pioneers
882	Renesmee	Cross	Bridlington	6	Trailblazer		904	Amber	Stanworth	Goldstar Active	5	Pioneers
883	Heidi	Marshall	Goldstar Active	6	Skill Seeker		905	Issy	Berry	Goldstar Active	4	Pioneers
							906	Jasmine	Hogg	East Coast	5	Pioneers

Starting on Beam

GROUP 3												
PANEL A						PANEL B [MAG]						
NO.	NAME		CLUB	LEVEL	CATEGORY		NO.	NAME		CLUB	LEVEL	CATEGORY
885	Beth	Gardner	Border Counties	6	Pioneer		893	Alastair	Clarke	Border Counties	6	Masters
886	Lucie	Calloway	Border Counties	6	Pioneer		894	Charley	Roberts	Border Counties	6	Masters
887	Erin	Jones	Border Counties	6	Pioneer							
888	Dixie	Clarke	Border Counties	6	Pioneer							

Starting on Floor

GROUP 4												
PANEL A					PANEL B [START]							
NO.	NAME		CLUB	LEVEL	CATEGORY		NO.	NAME		CLUB	LEVEL	CATEGORY
889	Katie	Keogh	New Brighton	6	Pioneer		907	Mia	Hargreaves	Salt Ayre	5	Pioneers
890	Edie	Lofthouse	New Brighton	6	Pioneer		908	Georgia	Hargreaves	Salt Ayre	5	Pioneers
884	Ellie	Harper	New Brighton	6	Trailblazer		909	Nadine	Yates	South Yorkshire	5	Pioneers
891	Napapha (Ploy)	Akkersang	Macclesfield	6	Pioneer		910	Mercy-Leigh	D'Arcy	South Yorkshire	5	Pioneers
892	Lexie-Rose	Chisnall	Salt Ayre	6	Pioneer							
873	Alliyah	Myers	South Yorkshire	6	Skill Seeker							
912	Erin	Boyle	South Yorkshire	6	Pioneer							