



IGA DISCIPLINE COMMITTEE

2025-2027

DISCIPLINES LISTS

Version 1.0



Version History

Version	Summary of amendments/changes	Published Date
Version 1.0	Document Created	Nov 2024

Contact Information

For questions about the Discipline Committees or to submit an application, please contact:

IGA Office	info@igauk.com / 0345 319 7000
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Introduction

At IGA, we are dedicated to providing an inclusive, comprehensive, and supportive environment for all gymnastics disciplines. To ensure each area of the sport is adequately represented, we aim to establish committees for each discipline that focus on developing resources, setting standards, promoting athlete safety, and advancing the sport's reach. These committees will be comprised of experts, coaches, and athletes with a shared vision for the advancement of their respective disciplines. Below is a breakdown of the main committees and the disciplines each one will oversee.

Womens Artistic Gymnastics

Mission: To support the growth and development of Women's Artistic Gymnastics across all levels, across the UK, NI, Channel Islands and Ireland focusing on the following:

- Enhance judging standards and training for WAG competitions.
- National Squad - Selections, squad training dates and venues.
- Invitationals to Ireland.

Men's Artistic Gymnastics

Mission: To promote the technical and athletic skills required in Men's Artistic Gymnastics, while ensuring a safe and engaging pathway for gymnasts of all abilities.

- Complete 2025 Handbook for Men's Artistic Gymnastics.
- Complete Gems Grades for Men's Artistic Gymnastics.
- More courses for Men's Artistic Gymnastics.
- Wider sharing of knowledge to encourage participation.

Gymnastics For All

Mission: To support the growth and development of Gymnastics For All opportunities across all levels, across the UK, NI, Channel Islands and Ireland focusing on the following:

- More IGA Competitions across the country, these are currently most successful in the South.
- Promote community-based gymnastics programs that prioritise fun, fitness, and personal growth.



Trampolining

Mission: To encourage the growth of the discipline by encouraging more participants to take part in IGA competitions, to push more courses and provide more opportunities for the discipline to grow.

- Complete 2025 Competition Handbook for Trampolining.
- Host competitions for 2025.
- To welcome more clubs to IGA to enhance more competition and course opportunities.
- Wider sharing of knowledge to encourage participation.

Display Gymnastics [Flip Fest]

Mission: To open our new discipline, and encourage our first event for 2025. This will in turn enable us to keep pushing this discipline.

- Complete 2025 Handbook Flip Fest.
- Host events for 2025 and onwards.
- To welcome more clubs to IGA to enhance more event opportunities.
- Wider sharing of knowledge to encourage participation.

Disabilities

Mission: To open our new discipline, and encourage our first event for 2025. This will in turn enable us to keep pushing this discipline.

- Work with special olympics to support pathways for gymnasts.
- Amend competition handbooks and finalise criteria.
- Host events for 2025 and onwards.
- To welcome more clubs to IGA to enhance more event opportunities.
- Wider sharing of knowledge to encourage participation.

Adult Gymnastics

Mission: To open our new discipline, and encourage our first event for 2025. This will in turn enable us to keep pushing this discipline.

- Amend competition handbooks and finalise criteria.
- Host events for 2025 and onwards.
- To welcome more clubs to IGA to enhance more event opportunities.
- Wider sharing of knowledge to encourage participation.



Sports Acrobatics

Mission: To encourage the growth of the discipline by encouraging more participants to take part in IGA competitions, to push more courses and provide more opportunities for the discipline to grow.

- Host competitions for 2025.
- To welcome more clubs to IGA to enhance more competition and course opportunities.
- Wider sharing of knowledge to encourage participation.

Tumbling

Mission: To open our new discipline, and encourage our first event for 2025. This will in turn enable us to keep pushing this discipline.

- Host events for 2025 and onwards.
- To welcome more clubs to IGA to enhance more event opportunities.
- Wider sharing of knowledge to encourage participation.

Team Gym

Mission: To open our new discipline, and encourage our first event for 2025. This will in turn enable us to keep pushing this discipline.

- Complete competition handbook for Team Gym.
- Host events for 2025 and onwards.
- To welcome more clubs to IGA to enhance more event opportunities.
- Wider sharing of knowledge to encourage participation.

Conclusion

At IGA, we embrace an open-minded approach to expanding opportunities across various disciplines and warmly welcome individuals from all backgrounds. Our commitment to inclusivity and growth allows us to build a diverse environment where everyone can contribute, learn, and succeed. We believe that a range of perspectives strengthens our community and enhances our collective potential.