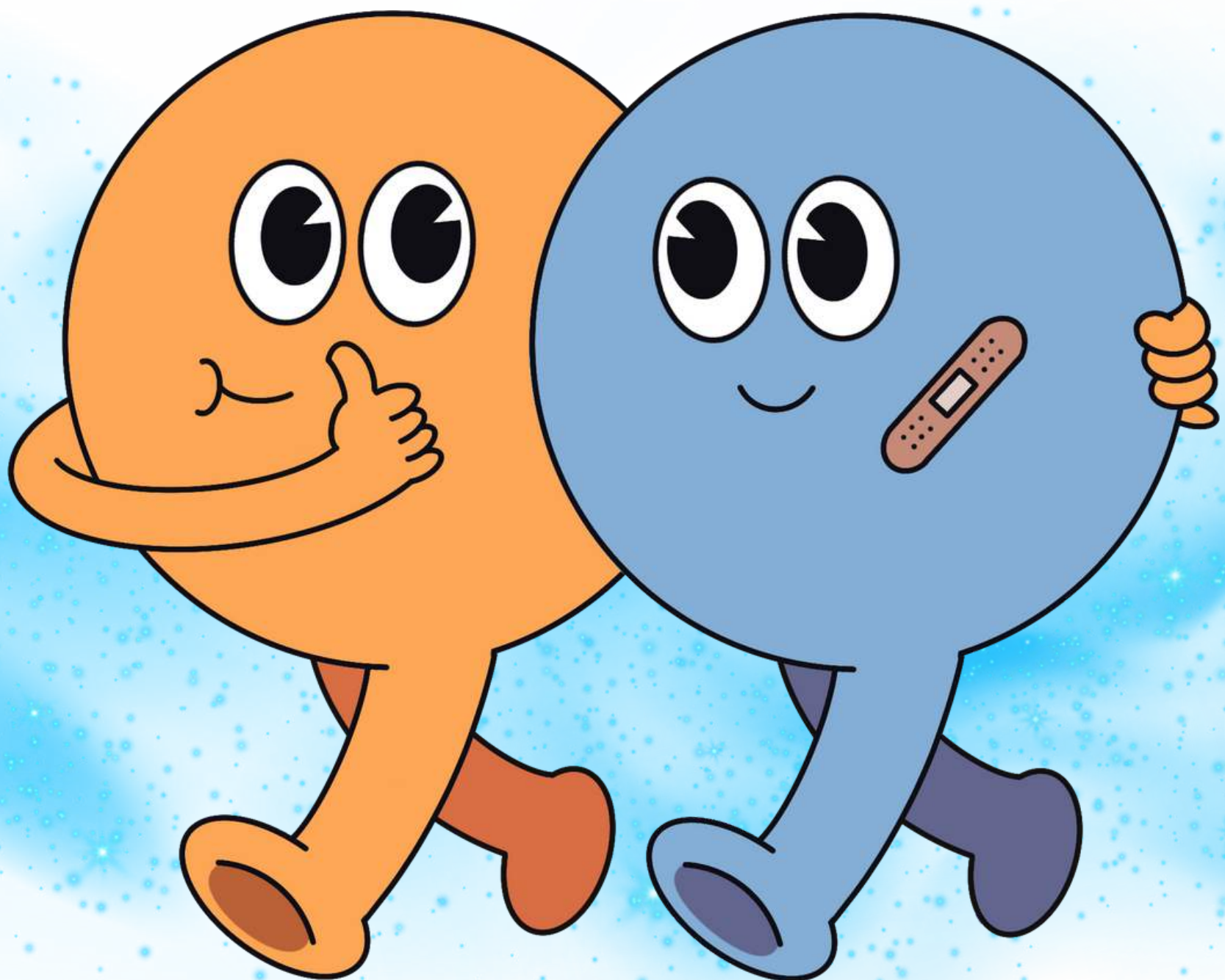




BE A FRIEND NOT A BULLY



**KINDNESS IS OUR SUPERPOWER. TOGETHER, WE
CAN STAND UP AGAINST BULLYING AND MAKE OUR
WORLD A SAFER, MORE INCLUSIVE PLACE**

Tel: 0345 319 7000

safeguarding@igauk.com

[@independentgym](https://www.instagram.com/independentgym)

#StopBullying #ChooseKindness #StandUp