



## COACHING COURSE POLICIES

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### **Gymnast Criteria Attendance:**

Coaches **MUST BRING** gymnasts who meet the specific criteria for the level of the course they are attending. It is essential to ensure that the gymnasts are at an appropriate skill level for the course content. This policy aims to optimise the learning experience for both coaches and gymnasts.

### **Safeguarding Attendance:**

Coaches are **NOT** permitted to attend a course without accompanying gymnasts. This policy is in place for safeguarding reasons to maintain a secure environment. The presence of gymnasts ensures that coaching practices can be demonstrated and observed in a practical setting, fostering a safe and supervised learning environment. Coaches arriving without accompanying gymnasts may be refused entry by the tutor. Tutors are not accountable for supplying gymnasts and depend on coaches to ensure their presence for the successful conduct of the course.

### **Coaching Attire:**

Coaches **MUST ATTEND** the course in suitable attire conducive to a gymnastics training environment. This includes wearing appropriate sportswear without jewelry and ensuring that long hair is securely tied back. This policy is in place to prioritise safety, hygiene, and a professional appearance during the coaching sessions.

### **Course Frequency:**

We recommend that coaches schedule their next course only when actively coaching at the corresponding new level, with their gymnasts also performing at that level. Coaches who participate in courses prematurely will have a high risk of not successfully completing the course. IGA recommends waiting a minimum of 6 months before attending the next level.

### **Booking Process:**

Club administrators or IGA Members **MUST BOOK** courses through our event portal in the name of the intended attendee. It is imperative that clubs do not reserve places for other members. This policy ensures accurate participant records, helps manage course capacity, and maintains transparency in the registration process.

### **Eligibility Process:**

Only eligible attendees will be accepted through our online portal. As our courses tend to reach full capacity rapidly, late entries cannot be accommodated once the course is fully booked. To ensure compliance and safety, all members will undergo verification during the booking process to confirm the possession of valid IGA insurance. This policy is implemented to maintain the quality and security of our courses.