



# **IGA JUGDES**

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## **RESOURCE BOOK**

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## General Faults

<b>FAULTS</b> <small>*deductions apply each time.</small>	SMALL	MEDIUM	LARGE	V. LARGE
	0.1	0.3	0.5	1.00 OR MORE
Bent arms OR Bent knee's	✓	✓	✓	
Leg OR Knee separations	✓	✓	✓	
Legs crossed during twist	✓			
Insufficient height of elements	✓	✓		
Insufficient exactness of tuck or pike position	✓	✓		
Attempt without performance of an element		✓		
Deviation from a straight line	✓			
Feet not pointed/relaxed	✓			
Insufficient split in acro elements	✓	✓		
Performance of DMT too close to the apparatus (UB & BB)		✓		
<b>LANDING FAULTS</b> <small>*If there is no fall the maximum landing deduction may not exceed 0.80</small> <small>All elements including dismount</small>				
Legs apart on landing or steps (slight hop)	✓			
Extra arm swings	✓			
Lack of balance	✓	✓		
Very large step or jump		✓		
Deep squat			✓	
Brushing/touching apparatus/mats with hands, but not falling		✓		
Fall - on mat to knees or hips/on or against apparatus/failure to land feet first				✓

General Faults				
APPARATUS FAULTS *deductions apply each time.	SMALL	MEDIUM	LARGE	V. LARGE
	0.1	0.3	0.5	1.00 OR MORE
Spotting assistance (help)				✓ 2.0 each
Landing outside border markings	✓ One Foot	✓ Two Feet		
Changing height of apparatus without permission			✓	
Remounting equipment after the exercise is over			✓	
Incorrect use of magnesium and/or damage to the apparatus		✓		
Failure to properly use safety collar for round-off entry vaults	Invalid Vault - Gymnast must use safety collar - inform organiser			
Use of copyrighted music				✓
Use of unpermitted supplementary mats			✓	
For interruption of the exercise due to a fall from the apparatus an intermediate time period of 30 seconds is allowed.				

## Penalties of Coach Behaviour

<b>Unsportsmanlike conduct</b> (valid for all phases of the competition)	1st time – Yellow card for coach (warning)
	2nd time – Red card & removal of coach from the competition and/or training hall*
<b>Behaviour of Coach with direct impact on the result/performance of the gymnast/team</b>	1st time – 0.50 (from gymnast/team at event) and Yellow card for coach (warning)
	1st time – 1.00 (from gymnast/team at event) and Yellow card for coach (warning) if coach speaks aggressively to active judges

**NOTE:** If one of two coaches from a team are dismissed from the competition inner circle, it is possible to replace that coach with another coach one time in the entire competition (e.g. Qualification).





## Penalties of Gymnast Behaviour

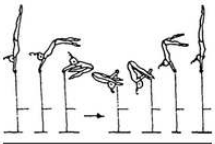
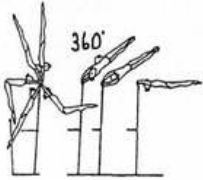
FAULTS	SMALL	MEDIUM	LARGE	V. LARGE
*deductions apply each time.	0.1	0.3	0.5	
Unsportsmanlike Conduct			✓	
Speaking to active judges during the competition			✓	

## Element Recognition

FAULTS *deductions apply each time.	SMALL	MEDIUM	LARGE	V. LARGE
	0.1	0.3	0.5	1.00 OR MORE
Insufficient Split in leaps	✓	✓	✓	
If split is MORE than 0.5 deduction and is classed as VM - Downgrade skill where possible.				
When there is NO stretched position shown it is considered pike position in:	Non-twisting elements UB, BB and FX			
If in Pike salto knee angle is less than 135°	Credit Tuck salto			
Pike in hips in stretched salto [Vault]	Credit Pike salto			
Pike in hips in somersault	✓	✓	✓	
Element landing feet first	✓ Credit Difficulty Value			
Element not landing feet first	No Difficulty Value credited			
Spins & Turning Jumps/Leaps	The position of the shoulders and hips are decisive otherwise another element from the COP will be credited.			

## HELPFUL POINTS

 <p><b>Catleap with/without turn</b></p> <p>Requirements: Legs alternation Knees above horizontal</p> <p><b>Execution:</b> One/both legs at horizontal: 0.1 One/both legs below horizontal: 0.3</p>	 <p><b>Wolf Jump with/without turn</b></p> <p>Requirements: Hip angle - less than 90° Extended leg above horizontal</p> <p><b>Execution:</b> Extended leg at horizontal: 0.1 Extended leg below horizontal: 0.3</p>	 <p><b>Straddle Jump with/without turn</b></p> <p>Requirements: Both legs must be above horizontal</p> <p><b>Execution:</b> Incorrect (uneven) leg position: 0.1 Legs at horizontal: 0.1 Legs below horizontal: 0.3</p>
 <p><b>Split Leap with leg change</b></p> <p>Requirements: Free leg swing minimum 45° Swing with straight free leg</p> <p><b>Execution:</b> Free leg swings less than 45°: 0.1 Free leg bent: 0.1/0.3</p>		

Bars				
<b>FAULTS</b> *deductions apply each time.	SMALL	MEDIUM	LARGE	V. LARGE
	0.1	0.3	0.5	1.00 OR MORE
Handstand position is considered reached when all body parts are aligned in vertical.				
Body Shape Deductions	✓	✓	✓	
Elements will be credited in compliance with IGA Requirements. Cast's below the requirement will be downgraded where possible.				
<b>Circle Elements to Hstd without turns &amp; HB to handstand on LB</b>  <b>Execution:</b> > 10° - 30° - 0.10 > 30° - 45° - 0.30 > 45° - 0.50	<b>Swings – elements with turns:</b>  <b>Execution:</b> > 10° - 30° - 0.10 > 30° - 45° - 0.30 > 45° - 0.50			
Hit on apparatus with feet			✓	
Insufficient extension in kips	✓			
Empty swing and intermediate Swing			✓	
Vault				
Additional run approaches are permitted as follows, with deduction of – 1.00 for empty run (if gymnast has not touched the springboard or the apparatus).				
When 1 vault is required, a second run approach is permitted with deduction.	Third approach not permitted.			
When 2 vaults are required, a third run approach is permitted with deduction.	Fourth approach not permitted.			

Beam				
<b>FAULTS</b> *deductions apply each time.	SMALL	MEDIUM	LARGE	V. LARGE
	0.1	0.3	0.5	1.00 OR MORE
<b>The evaluation of the exercise begins with the take-off from the board or the mat.</b>				
<i>A gymnast is permitted a 2nd attempt to mount (with a penalty) if she has not touched the springboard or the apparatus            Deduction – 1.00 - A third attempt is not permitted.</i>				
Grasp of Beam in order to avoid a fall			✓	
Additional movements to maintain balance	✓	✓	✓	✓
Floor				
One step or landing outside of the boundary with a foot or hand	✓			
Step(s) outside with both feet, both hands or a body part or landing with both feet outside		✓		
<b>Gymnasts do not get a second attempt at a Floor Routine, even if there is a technical issue.</b>				